

Art of Listening

OBJECTIVE

This training covers the importance of listening as a foundational skill for effective leadership. Jesus, who knew everything, modeled listening by asking questions to engage and understand people. We will highlight several practical tips to enhance listening skills. By mastering the art of listening, leaders can create an environment of understanding and deep connection.

OVERVIEW

- The Importance of Listening
- Practical Tips for Effective Listening
 - Make it known that you are listening
 - Eliminate distractions
 - Focus on understanding, not responding
 - Validate emotions
 - Listen empathetically
 - Listen with an open mind
 - Ask good questions
- Deeper connection and understanding

VERSES REFERENCED

Proverbs 19:13

QUESTIONS FOR FURTHER STUDY

1.	Reflect on a recent conversation where you felt truly heard. What did the other
	person do that made you feel understood?

- 2. What are some common barriers to effective listening, and how can you overcome them?
- 3. What are one or two practical ways you can improve your listening skills?

SCRIPTURE FOR FURTHER STUDY

James 1:19 Romans 12:10